



CSH

# Stable Homes, Brighter Futures

Preliminary Findings from Year 1

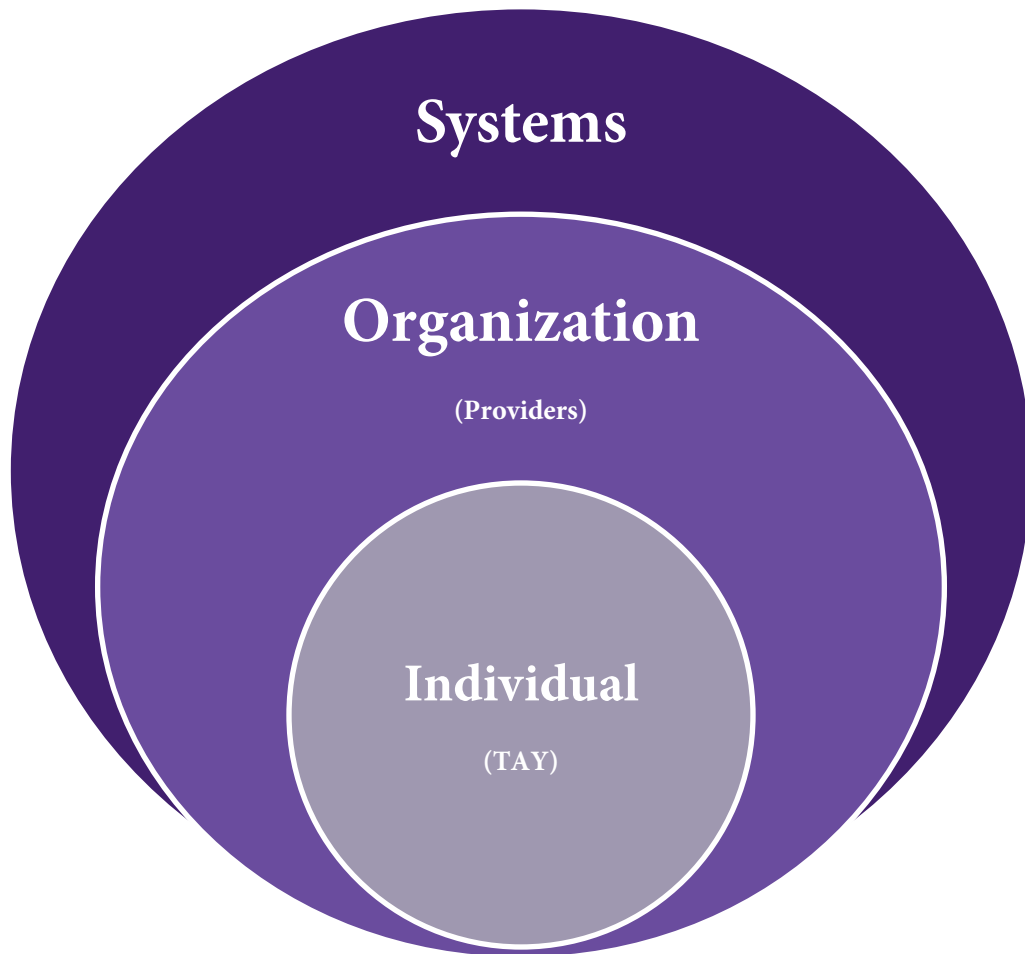
April 2014

harder+company  
community research



CSH  
The Source for  
Housing Solutions

# Evaluation Framework



- What systemic barriers prevent delivering appropriate services to TAY?
- What new tools, strategies, & practices have been implemented?
- Are services relevant, flexible, and appropriate?
- In what way are TAY different from other homeless populations?
- How are TAY changing (e.g., stability, mental health, employment, education)?
- What are the experience of TAY and how can that understanding inform services and housing models?

# Year 1 Data Sources

- + Tenant-Level Data
- + Provider-Level Data
- + Emerging Systems-Level Data



**Tenant Level**

**BACKGROUND**

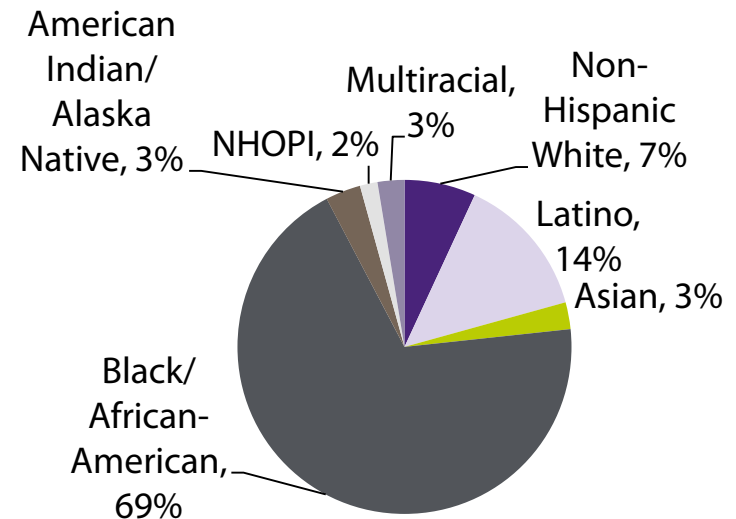
# Tenant Demographics

- + 55% are male; 45% are female
- + Majority are African-American (69%)
- + Ages range from 18-25
- + Average age at enrollment is 22

**Age at Enrollment (n=103)**

Age	Percent
18-19 years old	9%
20-21 years old	31%
22-23 years old	40%
24-25 years old	20%

**Race/Ethnicity (n=116)**



# Tenant Background

## Tenant Background

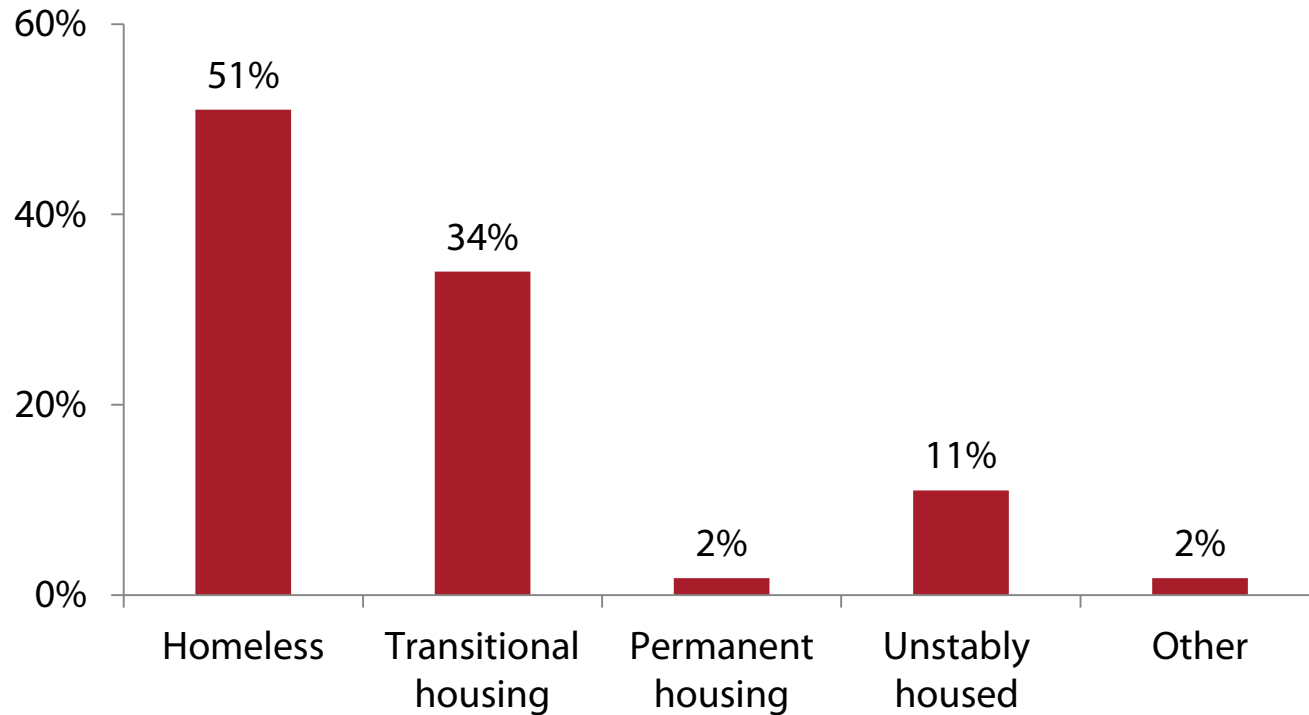
	Percent
Current foster youth at entry (n=133)	2%
Former foster youth (N=110)	40%
Arrested as a juvenile? (n=118)	29%
Ever on probation as a minor? (n=109)	24%
Ever been on adult probation? (n=111)	28%
Ever given birth or fathered a child? (n=112)	20%

## Events in Past 6 Months

In the past 6 months, have you...	Percent
Gone to the emergency room (ER)? (n=109)	24%
Been hospitalized? (n=105)	19%
Been arrested? (n=107)	16%

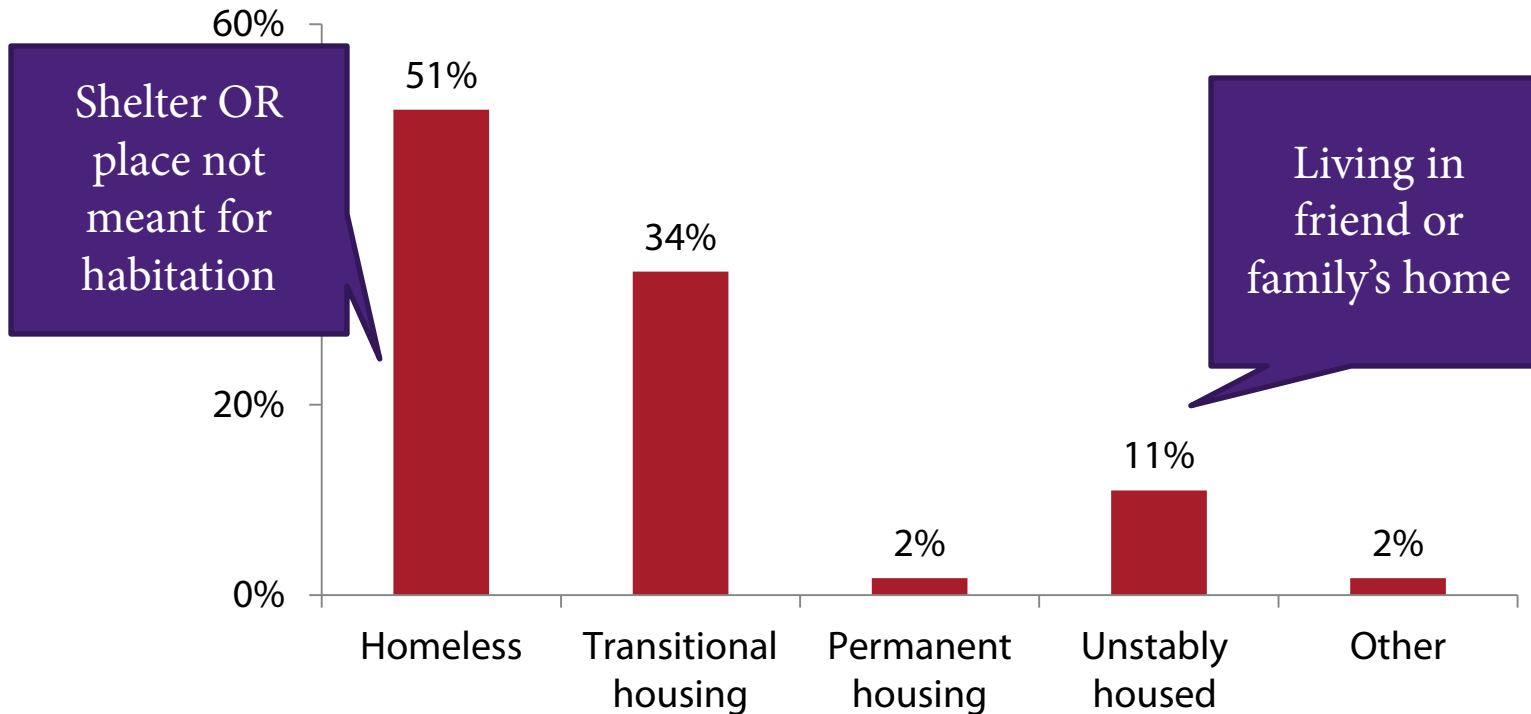
# Housing History

**Where did you stay prior to moving into your current apartment? (n=106)**



# Housing History

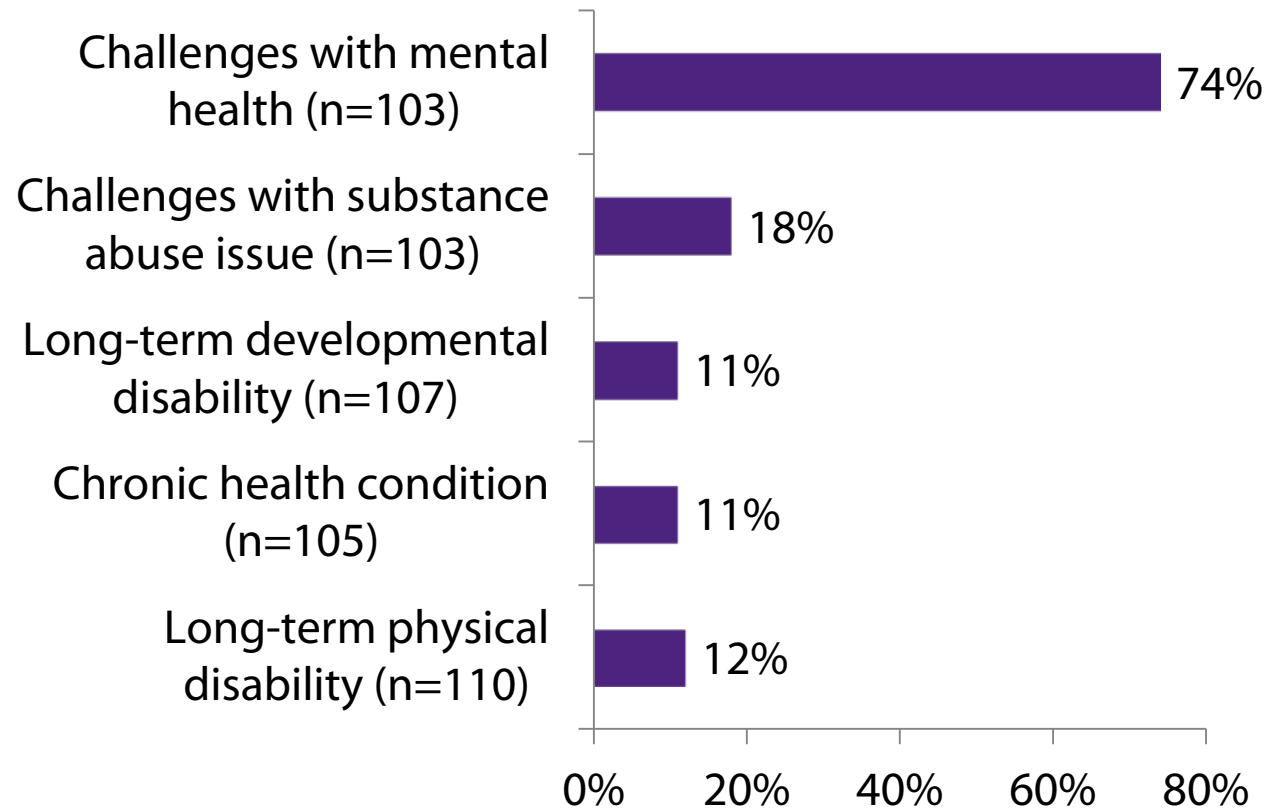
Where did you stay prior to moving into your current apartment? (n=106)



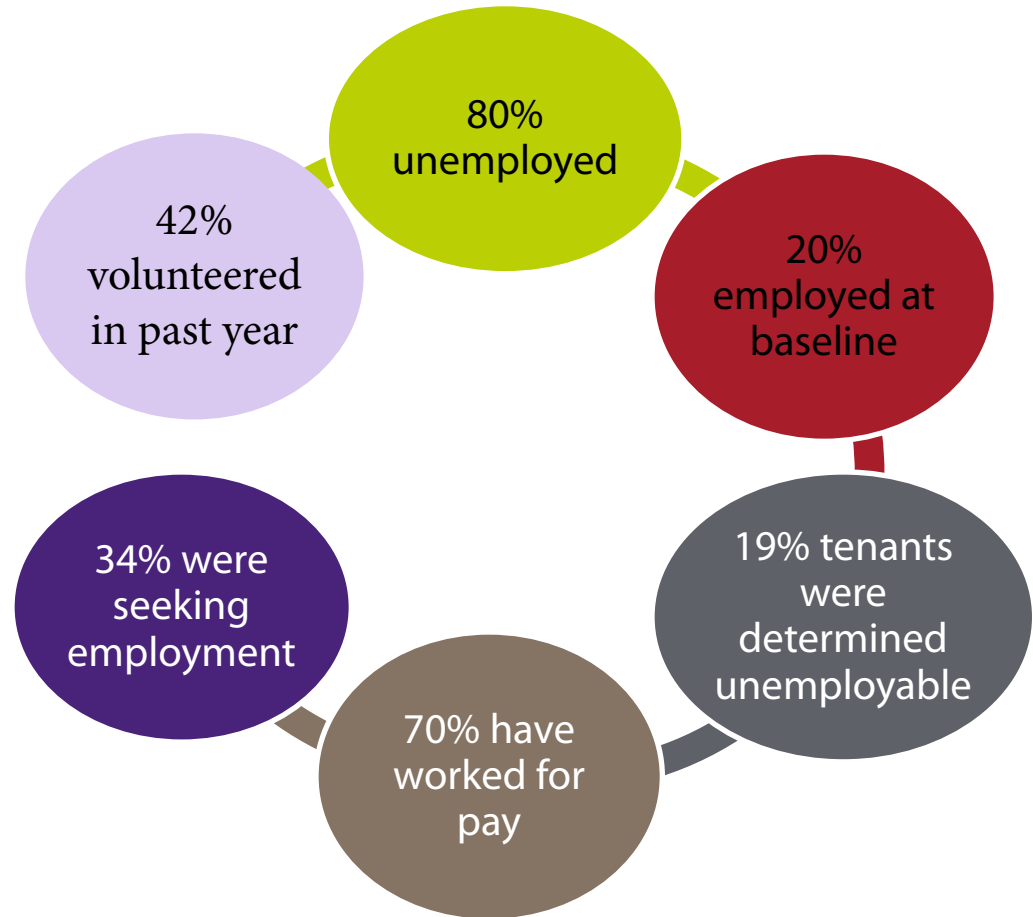


# Health History

## Health Conditions at Baseline



# Employment, Income, and Education



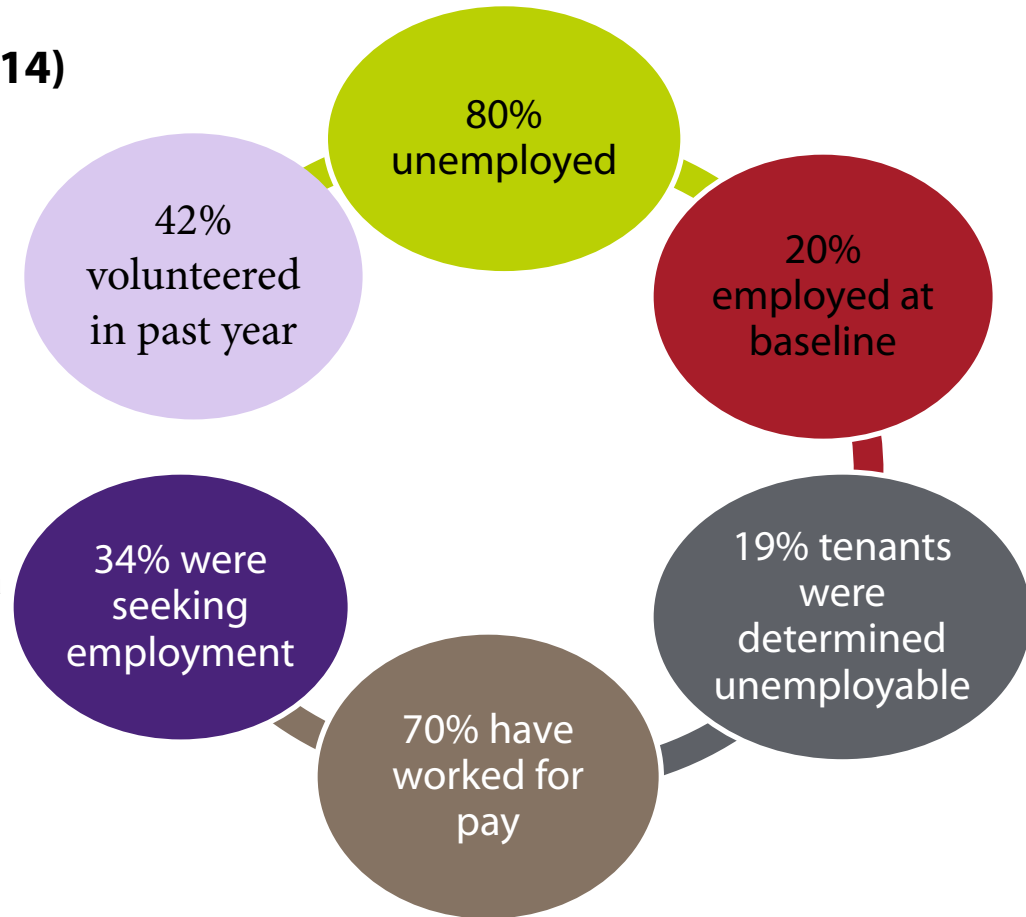
# Employment, Income, and Education

## Average monthly earned income=\$428, hourly pay \$8.80 (n=14)

- + Most common source of income was General Assistance (42%), followed by SSI (18%)
- + 58% of tenants received SNAP; 26% received Section 8, public housing, or other on-going rental assistance

## 44% Received High School Diploma

- + 18% completed GED
- + 31% dropped out of HS
- + 7% current attending HS or GED program



# Triage Tool

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# Triage Tool

+ Overall, TAY endorsed an average of 1.58 items (N=96)

Total Endorsements	Percent Endorsed
0	28%
1	26%
2	19%
3	17%
4	7%
5	3%
6	0%

# Triage Tool

+ Overall, TAY endorsed an average of 1.58 items (N=96)

Total Endorsements	Percent Endorsed	Rice's Findings
0	28%	16.87%
1	26%	28.33%
2	19%	26.32%
3	17%	18.72%
4	7%	7.89%
5	3%	2.01%
6	0%	0.31%

# Triage Tool

(N=89-93)

Item	Percent
<i>Homeless because...</i>	
Ran away from your family home	25.8%
Ran away from a group home or foster home	16.5%
There was violence at home between family members	31.9%
Had differences in religious or moral beliefs with parents/guardians/caregivers	17%
Used marijuana for first time $\leq$ 12 years old	21.9%
Before 19, spent time in jail or detention?	23.7%
Been pregnant or got someone else pregnant	34%

# Triage Tool

Item	Percent	OR
<i>Homeless because...</i>		Rice's findings
Ran away from your family home	25.8%	1.65
Ran away from a group home or foster home	16.5%	1.65
There was violence at home between family members	31.9%	2.23
Had differences in religious or moral beliefs with parents/guardians/caregivers	17%	2.62
Used marijuana for first time $\leq$ 12 years old	21.9%	3.05
Before 19, spent time in jail or detention?	23.7%	1.86
Been pregnant or got someone else pregnant	34%	1.94



# Triage Tool

Item	Percent	OR
<i>Homeless because...</i>		Rice's findings
Ran away from your family home	25.8%	1.65
Ran away from a group home or foster home	16.5%	1.65
There was violence at home between family members	31.9%	<b>2.23</b>
Had differences in religious or moral beliefs with parents/guardians/caregivers	17%	<b>2.62</b>
Used marijuana for first time $\leq$ 12 years old	21.9%	<b>3.05</b>
Before 19, spent time in jail or detention?	23.7%	1.86
Been pregnant or got someone else pregnant	34%	1.94

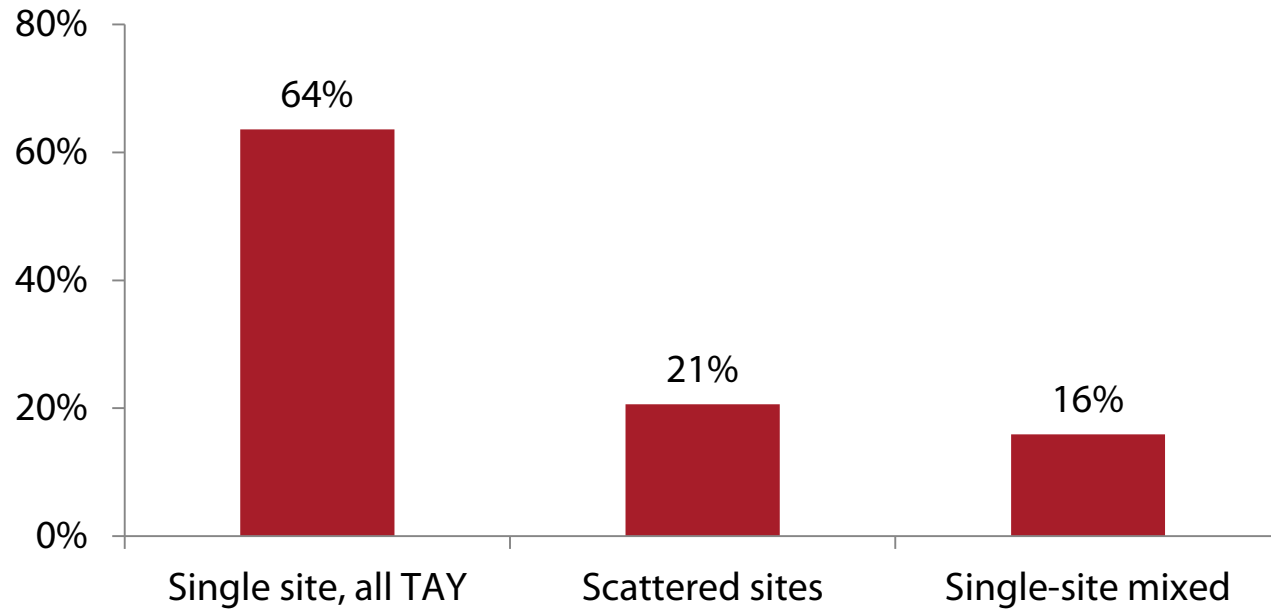
*“[It] was given to me as an opportunity to become a better person and not deal with the problems of being homeless.”*

## **Tenant Level-TAY**

### **KEY FINDINGS**

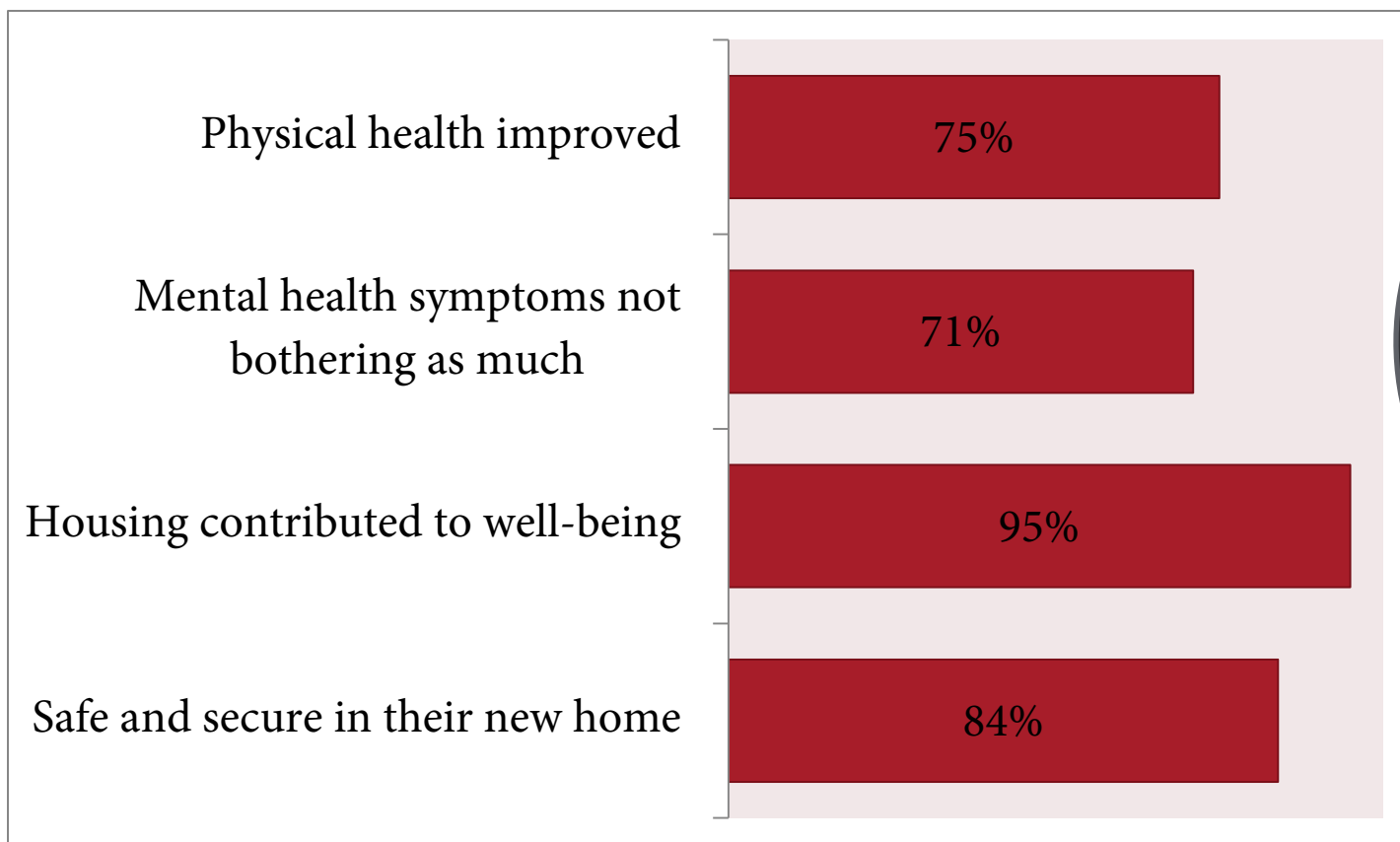
# Current Housing History

**Type of Supportive Housing Site (n=107)**



# Positive Changes among TAY

**TAY experienced an improved sense of well-being and stability**



I have my own place for the first time and I do not have to worry about being homeless.

# Positive Changes among TAY

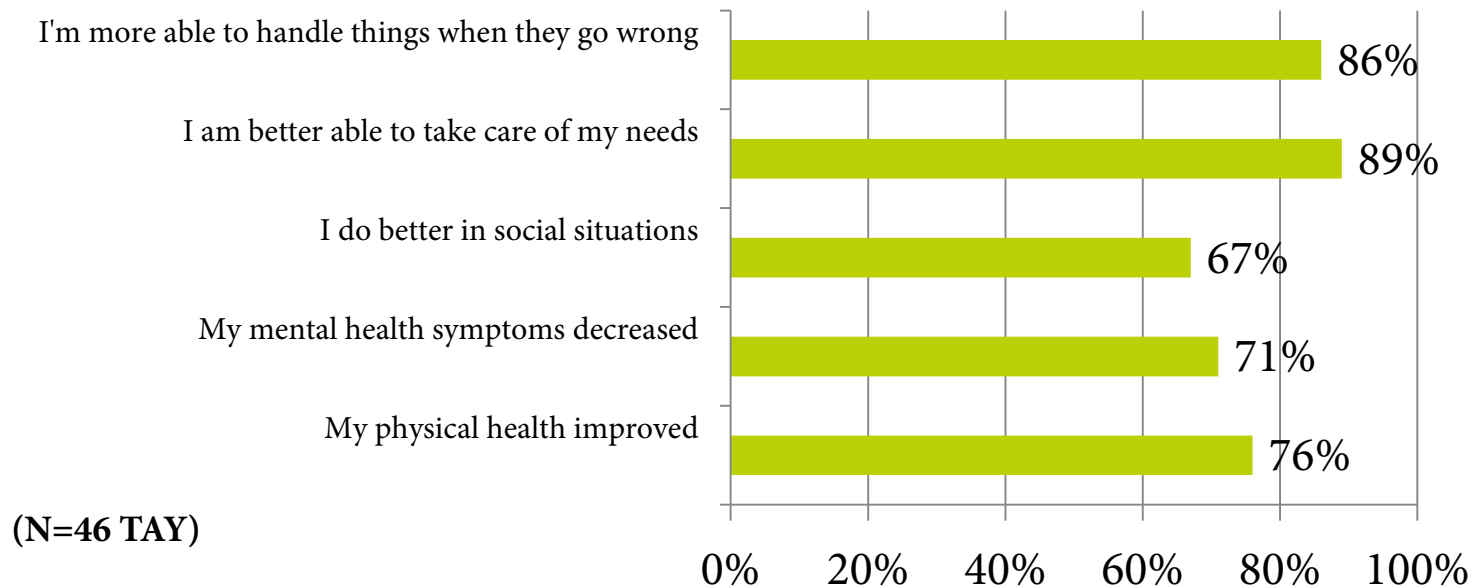
## **TAY are developing good rapport with providers**

*“What worked for us is having that relationship. A lot of these guys have gone through so many case managers in [the]past, became routine for them, now that I have been working with them, [we] have gotten to know each other and see what kind of works for both of us.”*

-PSH provider

# Positive Changes among TAY

## TAY have gained confidence in their ability to live independently



# Self-Sufficiency: The First 6 months (N=37)

Domain	Mean Score
Housing	3.92
Employment	1.08
Income	2.95
Food	2.57
Education	2.8
HealthCare Coverage	3.94
Life Skills	3.3
Mobility	3.65
Community Involvement	3.24
Legal	3.4
Mental Health	3.47
Substance Abuse	3.9
Safety	4.32
Disability	3.27

**Scale from 1 to 5  
(higher scores= higher levels of SS)**

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90% unemployed



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21% inadequate  
income/inappropriate  
spending

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55% food stamps

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**Independence Scale= 26.84**

**Score range 10-50**

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Safety	4.32
Disability	3.27

**Dysfunction Scale= 10.5**

**Score range: 3-15**

# Self-Sufficiency: 12-18 months (N=25)

Domain	Mean Score Baseline- 6 months	12-18 months
Housing	3.92	3.64
Employment	1.08	1.16
Income	2.95	3.6
Food	2.57	3.4
Education	2.8	2.9
HealthCare Coverage	3.94	4.4
Life Skills	3.3	3.8
Mobility	3.65	3.8
Community Involvement	3.24	3.3
Legal	3.4	4.2
Mental Health	3.47	3.1
Substance Abuse	3.9	4.1
Safety	4.32	4.5
Disability	3.27	3.5

# Self-Sufficiency: 12-18 months (N=25)

Domain	Mean Score Baseline- 6 months	12-18 months
Housing	3.92	3.64
<b>Employment</b>	<b>1.08</b>	<b>1.16</b>
<b>Income</b>	<b>2.95</b>	<b>3.6</b>
<b>Food</b>	<b>2.57</b>	<b>3.4</b>
<b>Education</b>	<b>2.8</b>	<b>2.9</b>
<b>HealthCare Coverage</b>	<b>3.94</b>	<b>4.4</b>
<b>Life Skills</b>	<b>3.3</b>	<b>3.8</b>
<b>Mobility</b>	<b>3.65</b>	<b>3.8</b>
<b>Community Involvement</b>	<b>3.24</b>	<b>3.3</b>
<b>Legal</b>	<b>3.4</b>	<b>4.2</b>
Mental Health	3.47	3.1
<b>Substance Abuse</b>	<b>3.9</b>	<b>4.1</b>
<b>Safety</b>	<b>4.32</b>	<b>4.5</b>
<b>Disability</b>	<b>3.27</b>	<b>3.5</b>

# Self-Sufficiency: baseline to 18 months

	First 6 months	12-18 months
Independence scale score	26.84	<b>29.29</b>
Dysfunction scale score	10.5	<b>11.58</b>

# Challenges for TAY

**TAY had a difficult time transitioning and leaving social networks behind**

*“It is difficult [for TAY] to be housed while their peer groups are on the streets... Their social network is still street-based and it is difficult to find a new community and identify as a formerly homeless youth.”*

*-PSH Provider*



# Challenges for TAY

**It takes time for TAY to engage in supportive services and build trusting relationships with providers**

*They finally have something that they haven't had, they have a foundation a warm place and people around them that can support them. **They are stabilizing.** It's not that they don't want a job, benefits...It's not that they don't want to...there are other barriers to prevent them from looking at the bigger picture.*

*-PSH Provider*

# Challenges for TAY

**It takes time for TAY to engage in supportive services and build trusting relationships with providers**

*“[I want] my support service worker to always be there for me even when I’m not ready, but just staying available for me.”*

*-TAY*

# Organizational Level-Providers

## KEY FINDINGS

# Organizational and Implementation Improvements

## Changes in Policy & Practice (N=16 providers)

Consistent, Flexible  
and Responsive

Program Changes	Percent Endorsed
Modified program practices	56%
Implemented new strategies to work with TAY	56%
Incorporate new tools (e.g., assessment)	44%
Modified structure of PSH program	44%
Changed program policies	25%
Changed agency policies	19%

# Organizational and Implementation Improvements

## + Providers benefit from peer-learning and training opportunities

*“The convenings have been very helpful. We don’t want to see that end. I think this is something we will continue [even without continued funding]- we see that as our support system.”*

-PSH Provider

# Organizational and Implementation Improvements

## + Providers benefit from peer-learning and training opportunities

*“The convenings have been very helpful. We don’t want to see that end. I think this is something we will continue [even without continued funding]- we see that as our support system.”*

80% developed new connections with other organizations

91% learned practical tools to help serve TAY

# Organizational and Implementation Challenges

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## + **There is lack of provider capacity and training**

### ■ **Resources and funding**

*"I only have one person working under me...we no longer have a case manager. It's kind of difficult to get things done..."*

# Organizational and Implementation Challenges

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## + **There is lack of provider capacity and training**

### ■ **Resources and funding**

*"I only have one person working under me...we no longer have a case manager. It's kind of difficult to get things done..."*

## + **Referral process and coordinated care is limited**



# **Systemic Barriers**

**KEY LESSONS AND  
CONSIDERATIONS**

# Systemic Barriers

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- **Historically, TAY has not been a prioritized population in PSH**

# Systemic Barriers

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- **Historically, TAY has not been a prioritized population in PSH**
- **Inconsistent messages about the goal of supportive housing**

*"I am scared I will be homeless again because of my age. I am very productive in getting my life right. I should not be put back on the streets after 10 months because of my age." -TAY*

# Conclusion

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- + Youth reported **positive changes in their daily lives**, feel more **secure and stable**, and improved physical and mental health.
- + TAY are building **better rapport and trust** with service providers, allowing them into their lives to better understand their needs.
- + Providers reported changes in *how* they provide support for TAY, including the development of **creative strategies to engage TAY**, and adoption of new tools, skills, and best practices.
- + Providers value the learning convenings because they have promoted **learning opportunities** as well as building support network between providers.



**Questions? Comments?**



## Contact Information

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