

PA Health Related Social Needs (HRSN), Supportive Housing and Medicaid Overview



**A presentation on the work ahead to ensure
that the state can effectively leverage
Federal supportive services funds in PA**



What **We** Do

CSH takes action through our three lines of business.



Policy & Advocacy

We promote concrete policies and strategies that advance more supportive housing development.

Community Investment

We are a CDFI and invest resources to increase availability and sustainability of quality, affordable housing aligned with services.

Strengthening the Field

We provide training, technical assistance and thought leadership to the housing and services sectors.

Today's Agenda

Introductions

Overview of Medicaid Waiver's Potential for Covering Supportive Housing Services and other Health Related Social Needs

Update on PA 1115 Waiver application

The Work ahead

Questions and Answers

Introductions



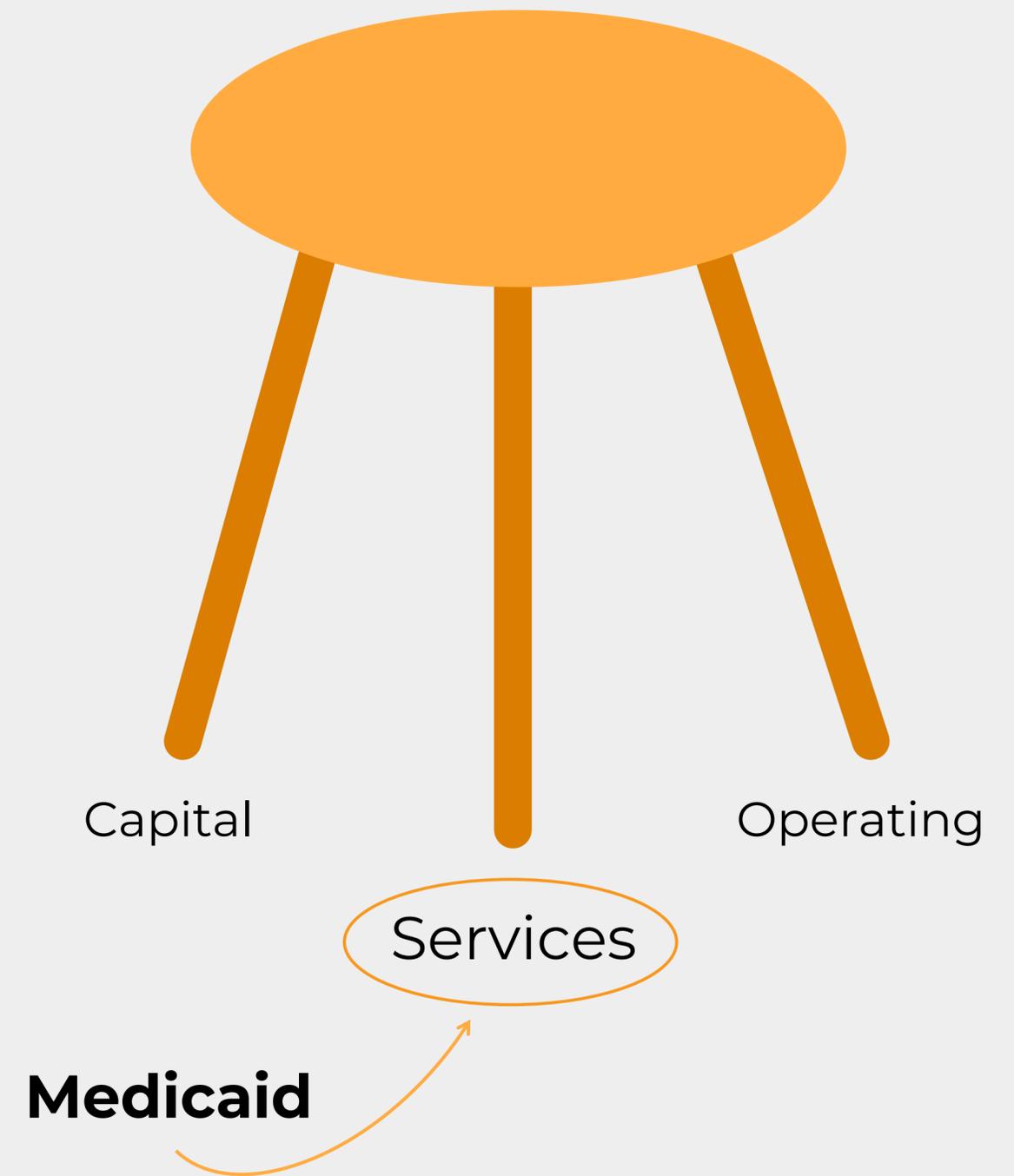
Marcella



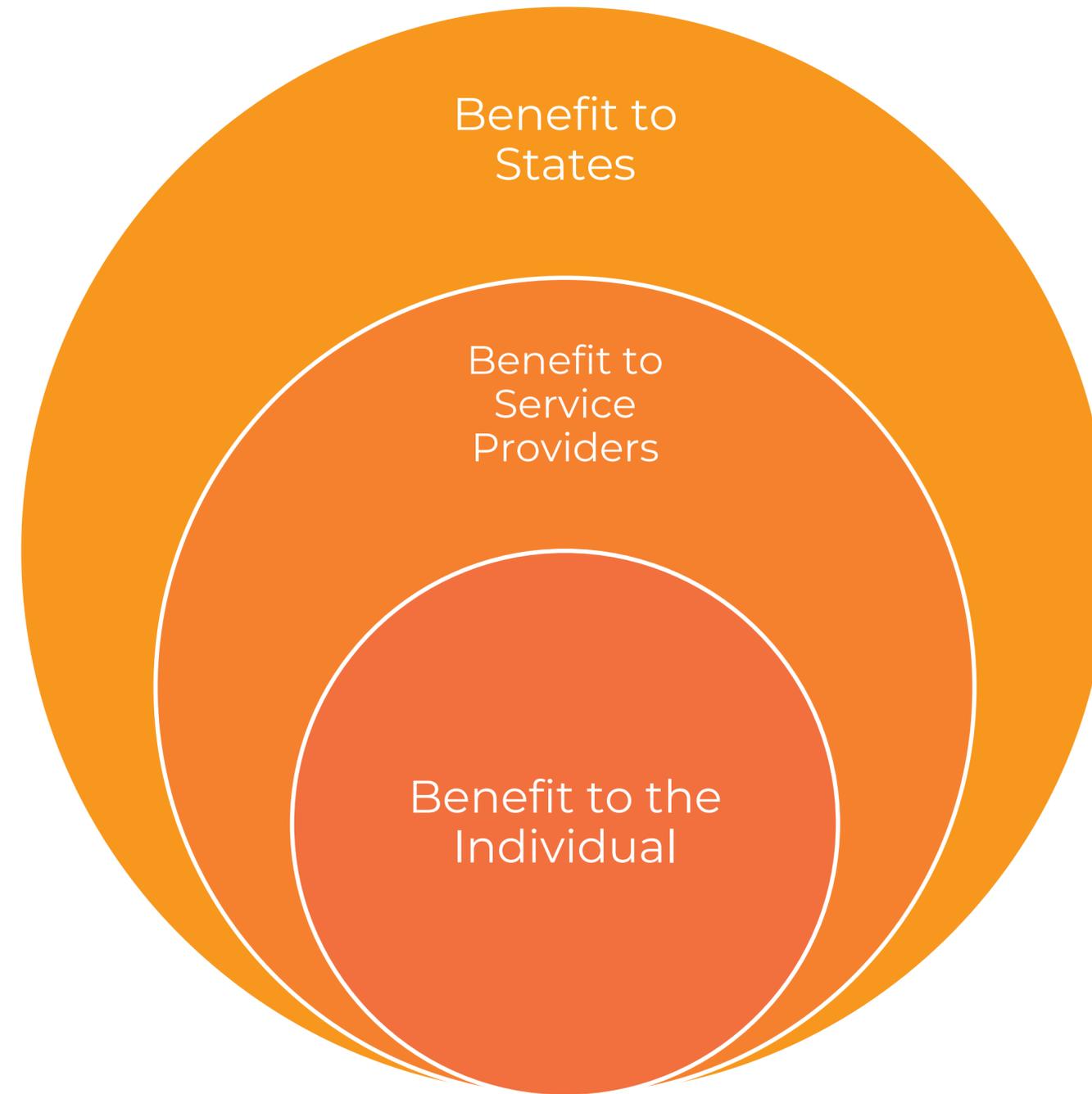
Brian

Medicaid is a **key resource that can pay for **Services!*****

Permanent Supportive Housing



Why Medicaid?



- ✓ Federal Financial Partnership (federal \$\$)
- ✓ Growing service needs of participants and need to fund services
- ✓ Fiscal sustainability for service models – Medicaid is an entitlement
- ✓ Ability to customize services based on levels of acuity
- ✓ More money = more individuals served

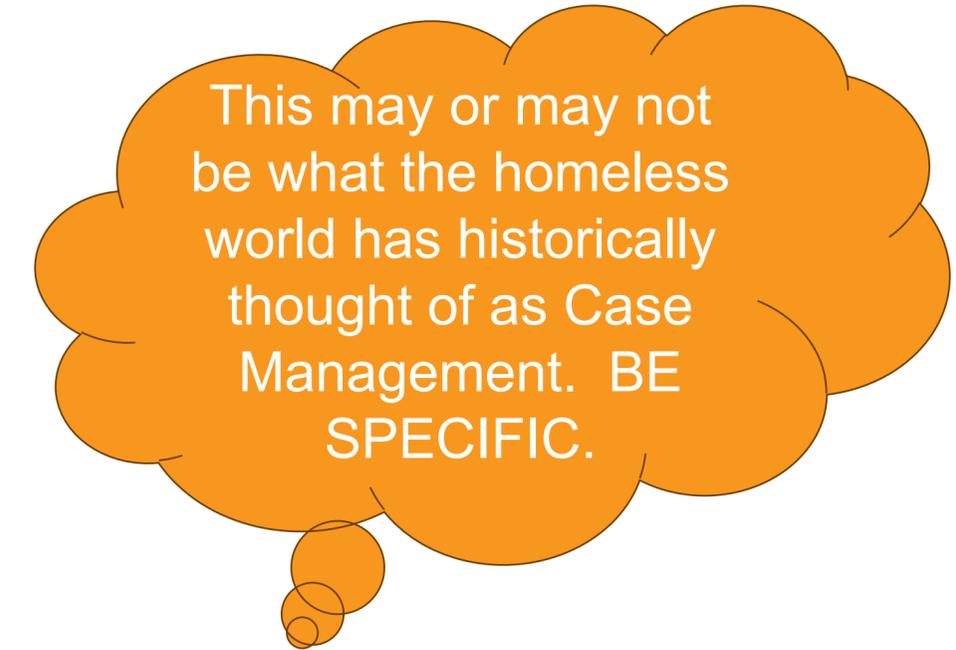
Optional Medicaid Benefits

Diagnostic Services

- Intermediate care facilities for those with developmental disabilities
- Eye exams and glasses
- Transportation
- Rehab and physical therapy

Other Services

- Case Management
- **Home and Community-Based Services (HCBS)**
 - **The feds have been clear this is where supportive housing services will live long term**



This may or may not be what the homeless world has historically thought of as Case Management. BE SPECIFIC.

Defining Terms



Social Determinants of Health

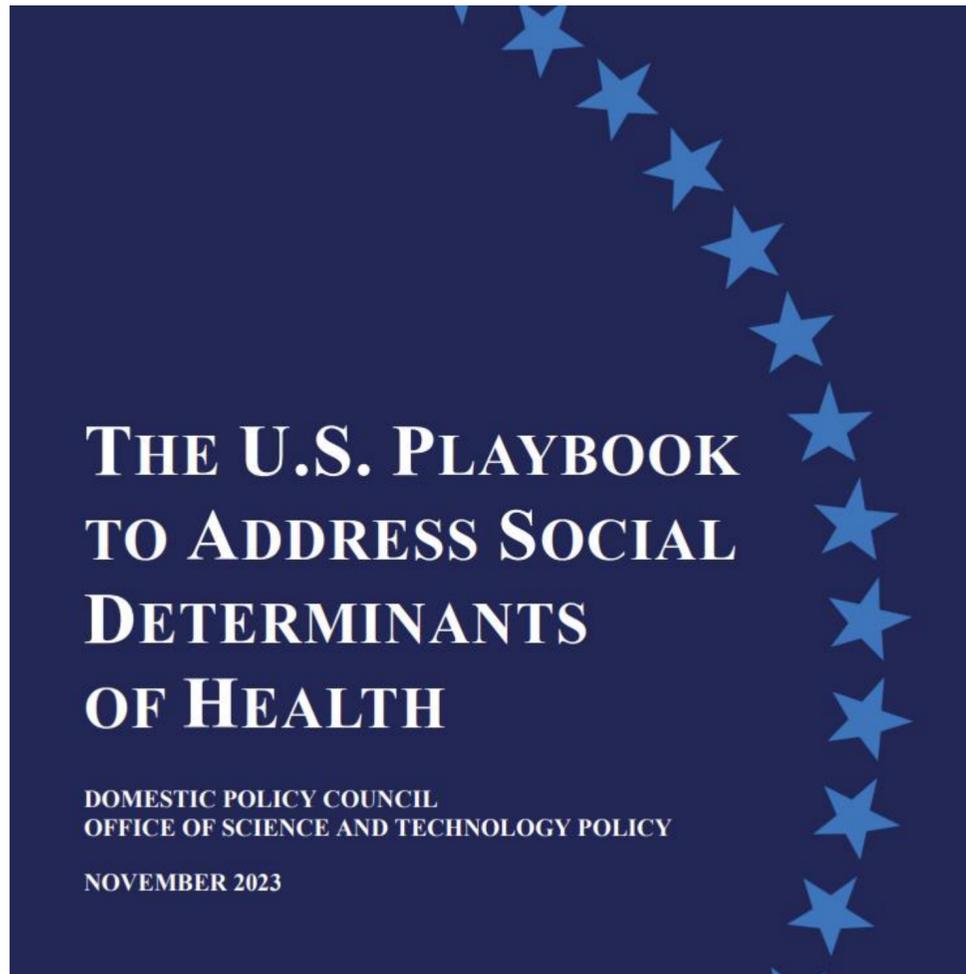
Social Determinants of Health (SDoH) are the **conditions** in which people are born, grow, learn, work and age that are shaped by the **distribution of power, money, and resources**

Health-Related Social Needs

Unmet social and economic needs that contribute to poor health and well-being – often resulting from underlying community social determinants of health

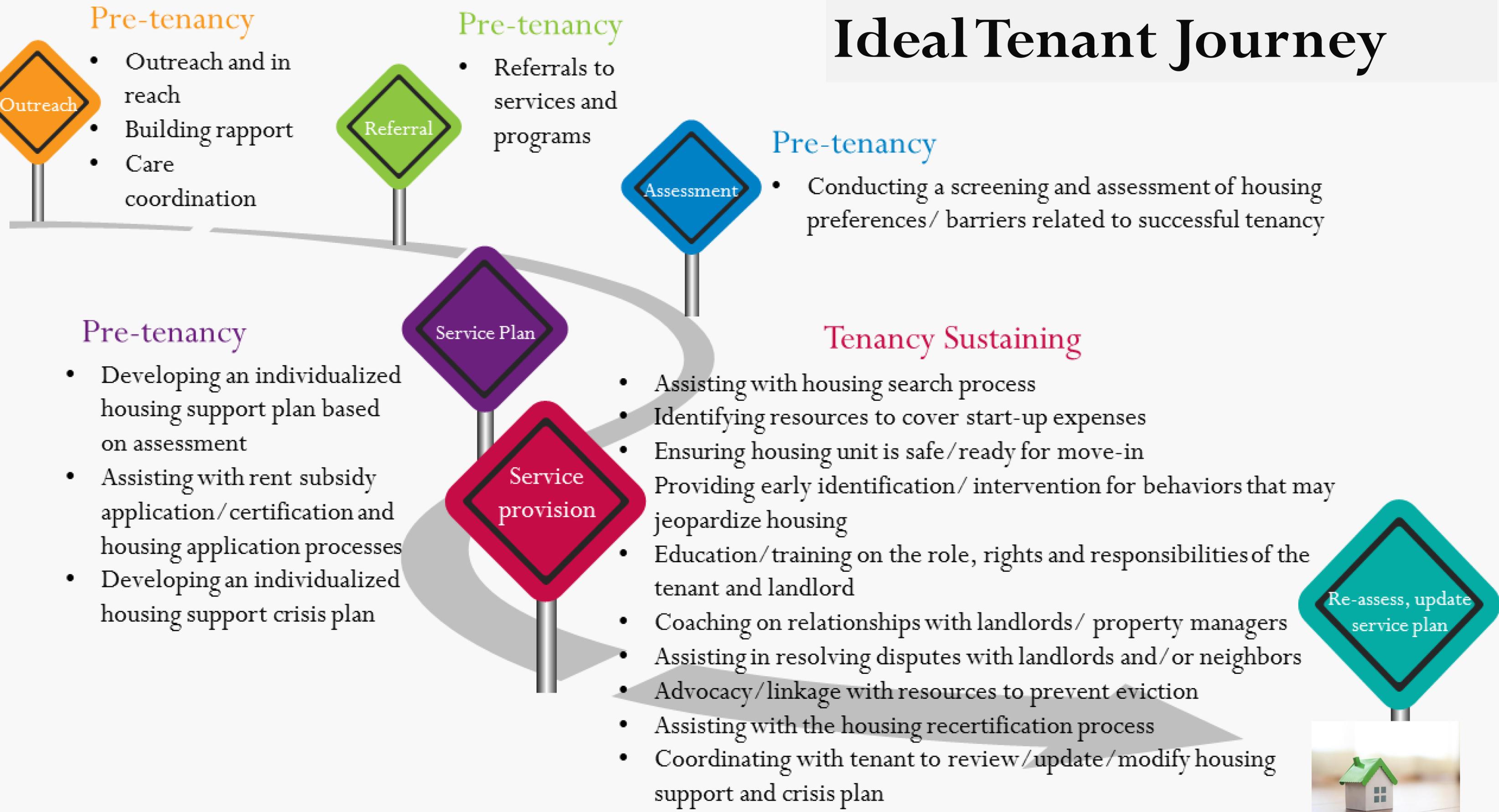
Numerous studies suggest that SDoH account for between 30-55% of health outcomes

Social Determinants of Health Playbook & Supportive Housing



- Health Related Social Needs (HRSN) is how Health Care will cover much of Supportive Housing Services
- The Biden administration is strongly supporting technology solutions such as [Community Information Exchange](#) and [Closed Loop Referral Platforms](#)
- Cross Sector work (such as Health and Housing) takes Backbone organizations to bring sectors together.

Ideal Tenant Journey



Pre-Tenancy Services

- Screening/Assessment of preferences and barriers
- Develop individualized housing support plan
- Assist with applications and housing search
- Assist with leasing process and needed documentation
- Identify resources for initial costs/move in, often with Medicaid support
- Ensure unit is safe, ready for move in
- Support/arrange for move in process
- Develop housing support crisis plan



Tenancy Services

- ❑ Whole Person Care Coordination
- ❑ Early identification and intervention for issues jeopardizing housing
- ❑ Education on role, rights, & responsibilities of tenant and landlord, being a good neighbor, understanding lease
- ❑ Support relationship building with landlord/property manager
- ❑ Assist with resolving disputes with landlord or neighbors
- ❑ Advocate and link to eviction prevention resources
- ❑ Support recertification process
- ❑ Support/arrange for move in process
- ❑ Review/Modify housing plan, support & crisis plan



Federal Medicaid's Health Related Social Needs Framework

Housing Supports (1/2)

The following housing supports will be considered under 1115 demonstrations:

Intervention	Description
1. Rent/temporary housing (+/- utilities) for up to 6 months	<u>Limited to:</u> individuals transitioning out of institutional care or congregate settings; individuals who are homeless, at risk of homelessness, or transitioning out of an emergency shelter as defined by 24 CFR 91.5; and/or youth transitioning out of the child welfare system
2. Traditional respite services	Temporary, short-term relief for primary caregivers provided by an at-home provider, a health care facility, or an adult day center
3. Day habilitation programs & sobering centers	For <24 hours, no room and board
4. Pre-tenancy & tenancy sustaining services	Including tenant rights education and eviction prevention
5. Housing transition navigation services	Including individualized case management

The contents of this document do not have the force and effect of law and are not meant to bind the public in any way, unless specifically incorporated into a contract. This document is intended only to provide clarity to the public regarding existing requirements under the law.

Housing Supports (2/2)

Intervention	Description
6. One-time transition & moving costs	Including security deposit, first month's rent, utilities activation fees, movers, relocation expenses, application and inspection fees, fees to meet identification requirements, etc.
7. Medically necessary home accessibility modifications & remediation services	Including carpet replacement, mold and pest removal, and ventilation improvements
8. Medically necessary home environment modifications	As needed for medical treatment and prevention, including air conditioners, heaters, air filtration devices, and generators

The contents of this document do not have the force and effect of law and are not meant to bind the public in any way, unless specifically incorporated into a contract. This document is intended only to provide clarity to the public regarding existing requirements under the law.

Medicaid Reimbursed Housing Supports

Can

- Cover Tenancy Support Services
- Be applied to short-term (less than 6 months) rental assistance
- Be utilized to enhance other related SDOH like nutrition, transportation
- Enhance services to targeted populations (i.e. families, re-entry, SMI, SUD, ect.)

Cannot

- Cover permanent brick and mortar housing costs (i.e. long-term subsidies)
- Meet the needs of everyone who needs affordable housing
- Cover Long Term Rental Assistance
- Cover all costs related to housing and other SDOH
- Eliminate the need for systems integration activities between with housing systems and services funders and operators

Waivers

What is a waiver?

States can request of the federal government, the flexibility to offer different services or manage services differently.

Center for Medicaid and Medicare Services (CMS)

CMS puts out 'guidance' regarding what they are looking for and what requests are likely to be approved.

Budget Neutral

1115 waivers must be 'budget neutral', meaning they can't cost the feds any more money than doing business as usual.

How can you help?

Stay informed of waiver development process and support the community engagement process

Big News!

Keystones of Health for Pennsylvania Content from DHS Website



BRIDGES TO SUCCESS:
KEYSTONES OF HEALTH FOR PENNSYLVANIA
MEDICAID SECTION 1115
DEMONSTRATION

DRAFT APPLICATION
PENNSYLVANIA DEPARTMENT OF HUMAN SERVICES
November 2023

DHS released the 1115 application **Keystones of Health for Pennsylvania** in November 2023

Announcements and many details are available here:

<https://www.dhs.pa.gov/Keystones-of-Health/Pages/default.aspx>

Copy of the **application** is available here:

[https://www.dhs.pa.gov/Keystones-of-Health/Documents/Keystones-of-Health-1115 Draft-Application.pdf](https://www.dhs.pa.gov/Keystones-of-Health/Documents/Keystones-of-Health-1115_Draft-Application.pdf)

Subscribe to **Listserv**: <https://bit.ly/KoHListServ>

Key elements of PA's 1115 Application

Supportive Housing
Services

Pre-Tenancy transition and navigation
services

Tenancy Sustaining Services

Education and Navigation

Transition and one-time moving costs

6 months (post institutionalization
housing support)

Eligible Populations



Supportive Housing
Services

Behavioral Health

One or more Chronic Health
Condition

Re-entry

Pregnant or less than 12 months
post-partum

Key elements of PA's 1115 Application

Not Specifically
Supportive Housing
Services

Food and Nutrition Supports

Provide meals or groceries designed for specific dietary needs.

Delivery of groceries to support healthy pregnancies.

Provide personalized help connecting to, and applying for, other food resources like SNAP and WIC

Continuous Coverage for Small Children

Children won't lose their Medicaid coverage for failure to submit forms or a change in household circumstances.

Coverage lasts until the end of the month when they turn six.

Key
elements of
PA's 1115
Application

Not Specifically
Supportive Housing
Services - Continued

**Re-Entry
Support**

Help beneficiaries get on Medicaid by the time of their release

Connect beneficiaries to healthcare providers and community services through case management.

Provide Medication Assisted Treatment (MAT) for substance use disorder prior to release.

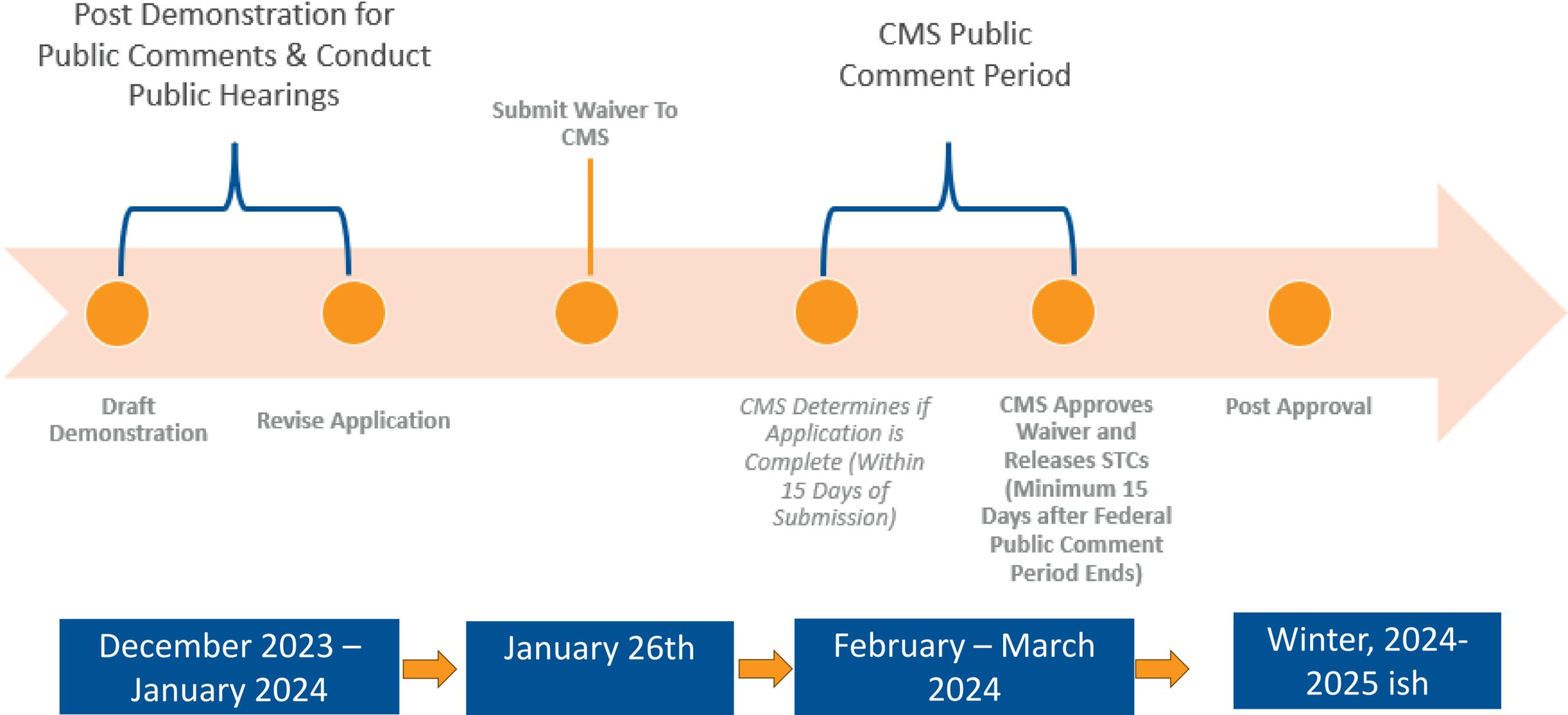
Provide 30-day supply of prescriptions on release.

Maintain coverage for at least a year after release.

Help finding and keeping housing

PA Waiver Timeline

Pennsylvania Keystones
of Health | Medicaid



Pennsylvania Keystones of Health

State: **Pennsylvania**

Waiver Authority: **1115**

Status: **Pending**

Waiver Dates

Approval:

Effective:

Expiration:

Supporting Documents

Pending Application(s) and Related Documents

Date	Title	
01/26/2024	Pending Application (PDF, 1.39 MB)	<input type="button" value="View/Submit Comments"/>

Administrative Record

Date	Title
02/09/2024	CMS Completeness Letter (PDF, 222.68 KB)

[Click Here to visit CMS page for Pennsylvania Keystones of Health](#)

CSH 6 Strategies
because new services
don't immediately mean
new or enhanced
supportive housing

6 STRATEGIES FOR LEVERAGING MEDICAID FOR HOUSING RELATED SERVICES



**Integrate Medicaid Services and
Housing Systems**



**Align Eligibility Criteria Between
Housing and Services**



**Include People with Lived Expertise,
Particularly in the Design of the Systems
Integration Process**



**Reduce Complexities for Medicaid
Reimbursement**



**Build Capacity for Housing and
Homeless Agencies to Deliver HRS**



**Align Quality Metrics Across
Medicaid and Housing**

Post Approval: What PA Will Need

- New Initiatives implementation plan
- Services Protocol
- Infrastructure Funding Plan
 - Technology (closed loop referral access, etc.)
 - Business Planning – Shifting to the payment model, developing P&P
 - Workforce – training and hiring
 - Outreach Education Linkage and Convening



Next Steps: Community Engagement Process

- Conducted by the Medicaid Agency (Office of Medical Assistance Programs - OMAP in PA)
- Landscape Assessment Identifying partners (some within DHS some External) - how do we identify and ensure that there is outreach to:
 - Re-entry partners
 - Food and Nutritional Partners
 - Services Providers
 - Housing Partners
- Public Education on High Level Concepts
 - Rate/Billing structure
 - Eligibility
 - Credentialing/Policy & Procedure
- Working Groups





A Quick Guide to Medicaid Waivers and State Plan Amendments

Medicaid is public health insurance. It pays for medically-necessary healthcare services. States provide Medicaid through a contract with the Centers for Medicare and Medicaid Services (CMS) called a Medicaid State Plan. There are specific federal guidelines that every state plan must include; however states may apply to CMS to create new benefits and serve specific populations under specific authorities called waivers and plan amendments.

Many states are seeking waivers and/or plan amendments in order to pay for pre-tenancy and tenancy-sustaining services in supportive housing. This Quick Guide provides an overview of the Medicaid authorities most suitable for creating Medicaid Supportive Housing Services Benefits.

Note: CSH tracks the progress of states that are pursuing and implementing Supportive Housing Services Benefits. Check out the federal and state policy section of csh.org/health for the latest updates.

1115 Research and Demonstration Waiver- 1115 waivers offer the flexibility to pilot

Corporation for Supportive Housing

POLICY BRIEF



SUMMARY OF STATE ACTIONS

Medicaid & Housing Services

Updated Spring, 2024

INTRODUCTION

States recognize the importance of addressing Housing Related Services (HRS) and Health Related Social Needs (HRSN) to improve health equity and health outcomes while simultaneously reducing Medicaid spending. As a result, a growing number of states have approved Medicaid waivers and State Plan Amendments (SPAs) that cover HRS and HRSN services. The ability to access Medicaid funding for supportive housing services gives states the potential to scale the evidenced-based model of supportive housing.¹ CSH is also advocating for states to adopt [six additional strategies](#) to ensure that these new services lead to the creation of more supportive housing.² The first and most important of these strategies is to align affordable housing with HRS at the systems level.

States are using Housing Related Services (HRS) to scale supportive housing models, so that states can address chronic shortages of supportive housing and overcome racial disparities driven by SDOH needs of Medicaid recipients. Systemic and structural racism contribute to multiple barriers to housing for Black, Indigenous and People of Color (BIPOC) communities in relation to both health and housing. BIPOC communities are overrepresented among people experiencing homelessness and housing instability, families involved with the child welfare system, people impacted by the carceral/justice system, and those living in congregate care settings. To promote greater health equity, communities must grow supportive housing capacity and make access to housing and services more equitable. States are also looking to expand supportive housing to serve new people and populations and ensure that people live in the most community-integrated setting possible to comply with the Olmstead

Medicaid and Housing Rela

Toolkit

Fall 2023



A growing num
Navigation, Ten
housing serv
Interest in the
and build on th
Supportive hou
CSH has sum
a section that

Use the dropdown menu below to learn how states have taken to improve service delivery and financing of the services that cover Housing Related Services (HRS) at

Supportive Housing Providers

Pennsylvania

rogram Name

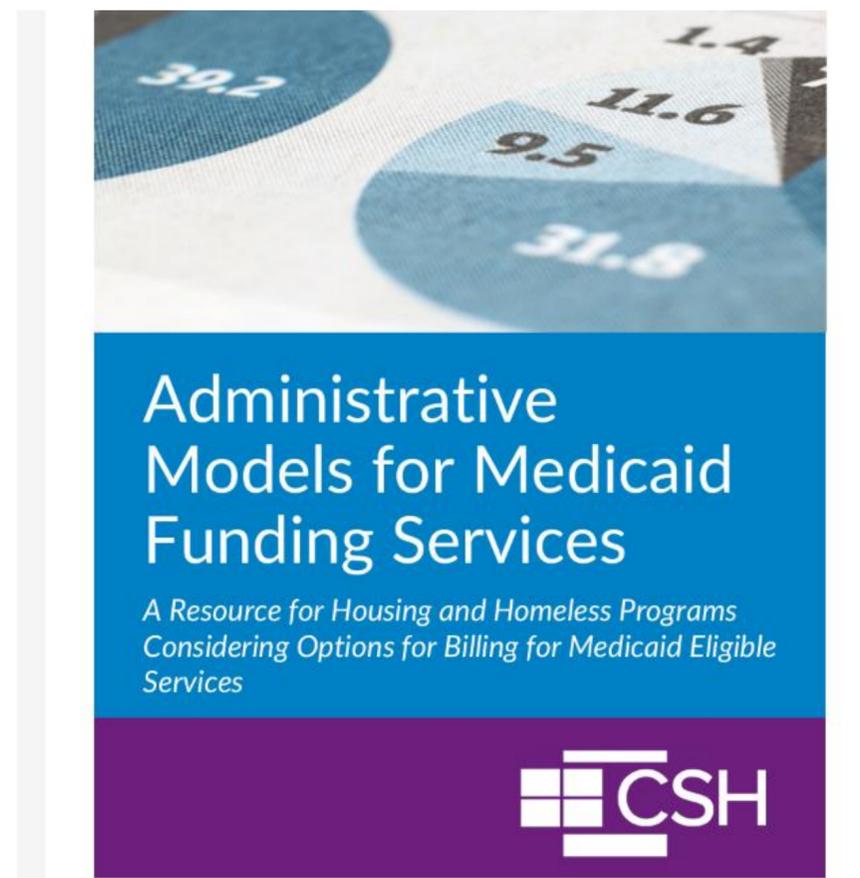
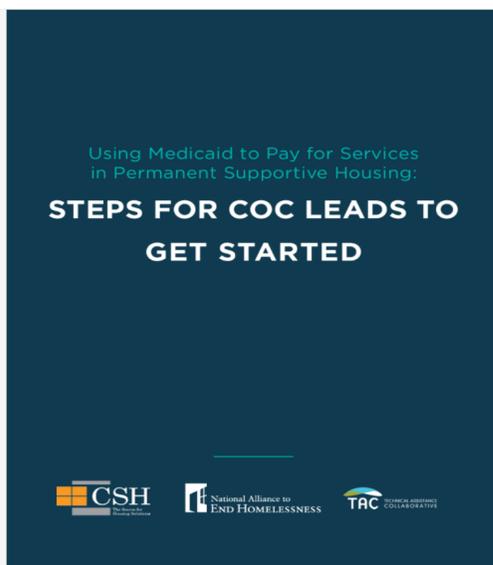
tenancy Support Services for intellectual or developmental disability/developmental disability (IDD/DD) population

Status

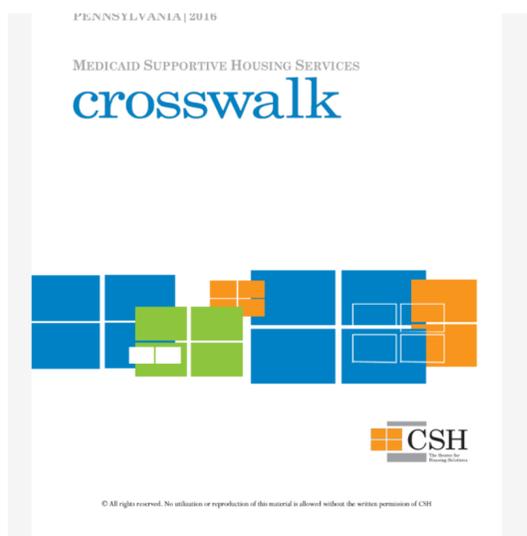
Operating

The state has added tenancy support services to the menu of services for persons eligible for the IDD waiver.

Services Inclu



Medicaid Tools and Resources



Work CSH has done in states that have expanded HCBS with waivers and state plan amendments

Medicaid Academies

CBO-level technical assistance

Developing Consultant Pool

Technical Assistance to State Agency on implementation

Training and Education

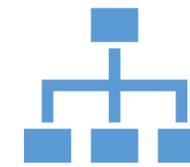
Housing Landscape Analysis

CSH Provider Readiness Assessment for Medicaid Billing

- Typically conducted after Federal Approval
- Conducted at an organizational level
- Typical Domains Include:



Services Provided



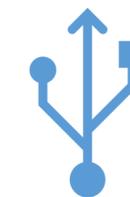
Executive Team Buy-in



Provider Medicaid Enrollment Status



Current Billing Structure



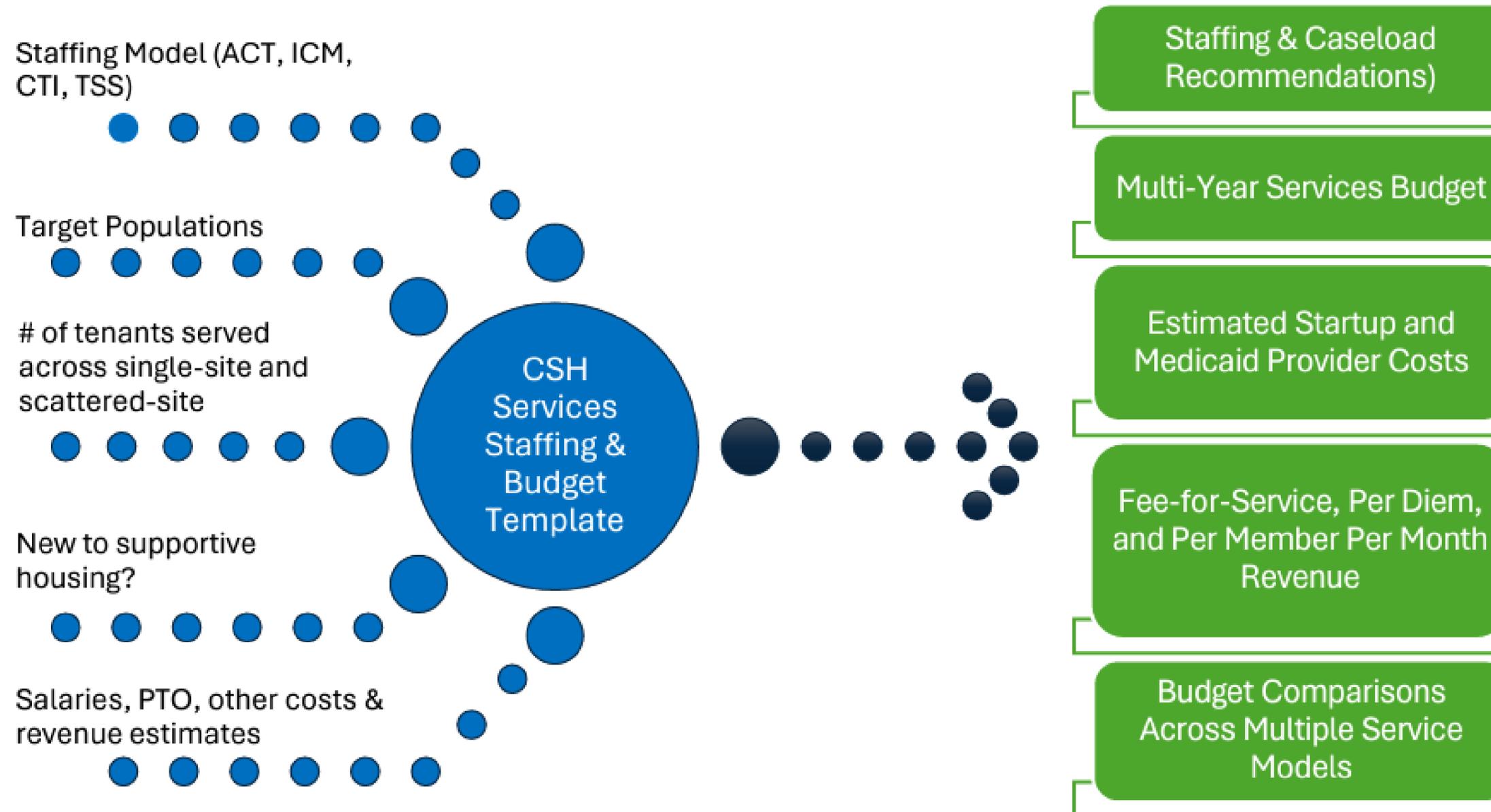
Data and Technology Capacity



Agency/Organization Goals and Challenges

Supportive Services Budgeting Tool

A user enters the fields on the left so that the tool can generate the summaries on the right:





Questions & Discussion



Medicaid Resources

Brian McShane – CSH

(E) brian.mcshane@csh.org

(P) 617-913-2638



- Quick Guide to Medicaid Waivers and State Plan Amendments
 - <https://www.csh.org/resources/a-quick-guide-to-medicaid-waivers-and-state-plan-amendments/>
- Summary of State Actions – what other states are doing in this space including an interactive map
 - <https://www.csh.org/resources/policy-brief-summary-of-state-actions-on-medicaid-housing-services/>
- Summary of State Actions: Medicaid and Justice Involved Populations
 - <https://www.csh.org/resources/summary-of-state-actions-medicaid-and-justice-involved-populations/>
- Six Strategies to adopt in Medicaid financed Housing related Services brief
 - <https://www.csh.org/wp-content/uploads/2023/07/CSH-Medicaid-Housing-Related-Services-June-2023.pdf>
- CSH Webinar Series on Six Strategies (Most have passed but recordings are available)
 - <https://www.csh.org/2023/08/webinar-series-scaling-supportive-housing-medicaid-coverage-hrs/>
- Pennsylvania Medicaid Crosswalk (2016)
 - <https://www.csh.org/2016/07/medicaid-crosswalk-released-for-pennsylvania/>