

Promoting Healthy Aging in Supportive Housing

Sydelle Knepper



About SKA Marin

- SKA Marin approaches affordable development with a passion for getting the job done well and the knowledge and experience to do it.
- We develop, own and manage affordable housing.
- Since 1990, SKA Marin has developed and/or acted as at-risk construction managers for more than 6,000 units with more than 1,000 units of senior housing.
- SKA Marin has pioneered innovation in senior housing.
- The firm developed the first HUD Assisted Living conversion of a Section 202 building in Inwood, New York.
- The Landmark on Main Street in Port Washington, New York won the 1996 NYS SHPO award for Community Development and Historic Rehabilitation with the conversion of a 1906 school to senior housing, a 500 seat regional theatre, daycare and after school care, and a teen center.
- Metro East 99th Street, the first Medicaid Redesign Project to close in New York State, was named 2015 Best Supportive Housing in the nation by Affordable Housing Finance Readers' Choice.

Landmark on Main Street



Riverway Apartments Project Features

- Located in Brownsville- Brooklyn, NY.
- Joint venture with the Calvary Church of God.
- New construction, u-shaped mixed use apartment building designed to allow low income seniors to age in place
- Comprised of 114 one bedroom units plus a superintendent's apartment
- The ground floor has a community room/dining room with warming kitchen, outdoor private landscaped garden and senior center and afterschool program.



Riverway Apartments Aging in Place

- Common area hallways have handrails on both sides and a bench by the elevator banks. Floor tiles by the elevator are color coded to denote the floor so tenants can easily situate themselves.
- Hallways have natural light.
- Emergency call buttons are located in three places in the hallways.
- Manned security and 24- hour computerized security with apartment monitored video feed with 48 cameras throughout the building.
- All bathrooms have a shower with a seat, oversized medicine cabinets, handrails and emergency pull cords connected to a computerized security system and EMS.
- Frost-free refrigerators and self-cleaning ovens help seniors with housekeeping.
- All apartments are fully adaptable to accommodate people with disabilities



Riverway Apartments Senior Center

The Catholic Charities Senior Center engages participants through a variety of programmatic activities. Some of these activities include;

- An on site social worker to assist tenants in applying for benefits and entitlements
- Recreational programs including pool, computer skills, yoga, Tai Chi, and line and ballroom dancing.
- Health workshops and preventative screenings
- An intergenerational program between the Catholic Charities Senior Center and Calvary B.R.I.D.G.E which is the on-site afterschool program.
- A nutritious lunch and light breakfast offered in the communal dining room

Metro East 99th Street

- Located at 301 East 99th Street, New York, NY
- New construction, 175 units + 1 superintendent's apartment
- A mix of 90 one-bedroom apartments and 85 studios
- Responds to the need for independent living for seniors and non-senior residents transferred from Goldwater and Coler Hospitals and for those with chronic disease.
- First Medicaid Redesign Project and first 100% accessible and affordable project in New York City.
- With a majority of senior residents, the project had to accommodate both the physical and emotional needs of residents transitioning from long term care, emergency rooms or shelters.



Metro East 99th Street Project Features

- The lobby and garden are easily accessible by ramp
- Corridors throughout the building have wood handrails at both sides
- Colored walls by each elevator bank differentiate the floors to assist tenants situate themselves.
- Pull-cord and buttons alarms connected to a computerized security system and immediately connected to EMS are located in all bedrooms, private bathrooms, at the elevator bank and along the hall corridors.
- On-site adult day program, community room, resident lounges and outdoor community space
- Located across the street from Metropolitan Hospital with easy access to for individualized medical care and treatment planning.



Metro East 99th Street Project Features

- There are 58 cameras located throughout the building.
- On-site security and 24 hour apartment video manned computerized security.
- All units and common areas are fully accessible. Two apartment lines are accessible beyond current standards to accommodate oversized wheelchairs.
- All units have a roll in shower, bathroom sink with integral counter and partial lower windows in the living areas to facilitate views for mobility impaired individuals
- Cabinetry and devices are located at ADA required heights and can be moved to accommodate individual disability needs.



Metro East 99th Street Supportive Services

The Carter Burden Center has a variety of programmatic activities available at East 99th Street through their Adult Day Program.

Activities and programs include;

- Health and wellness classes (such as health screenings and chair yoga)
- Technology workshops and assistance
- Seasonal crafts and events
- Shopping and walking trips
- Assistance in applying for benefits
- Meals on wheels
- Arts Programs