

Project Initiation

Health Works! began with a five year grant from the Substance Abuse Mental Health Services Administration (SAMHSA) that Pathways DC received in 2010. At this point Pathways reached out to Unity Health to begin to provide primary healthcare in to Pathways existing behavioral health services.

Program Description

Health Works! provides integrated behavioral health and primary care services to all Pathways DC clients through an on-site, walk-in Unity Health Care clinic, ACT peer health educators, and a RN nutrition specialist. Integrated health staff provides services in three ways, first through community outreach, second, in client's homes lastly at medical appointments in the clinic. Health Works also provides onsite wellness groups in diabetes education, nutrition, and healthy relationships and community wellness events, all of which partner with Unity Health Care's Nurse Practitioner to provide brief group education in preventive care and health management.

Pathways to Housing offers permanent supportive housing and behavioral health support for nearly 500 individuals through Assertive Community Treatment (ACT), Intensive Case Management and Housing First. They also provide services to 1,500 Washingtonians, who are homeless or at risk of homelessness through Homeless Street Outreach and DC Superior Court Urgent Care Clinic programs.

Program Overview

Location

Washington, D.C.

Year Started

2011

Target Population

Homeless and seriously and persistently mentally ill (SPMI)

Funding Sources for Housing

Funded through various streams that support scattered site housing in Washington, D.C., including HUD and other local housing dollars.

Funding Sources for Services

SAMSHA grant, Medicaid and local dollars

Other Funding: Pathways uses part of their general operating dollars to fund gaps, including money received from the DC Business Improvement Districts, private foundations and individual donors.

Type of housing use

Scattered site



Challenges for Health Center:

- Low clinic volume
- Provider coverage/staffing
- Data sharing
- Lab follow-ups and tracking changes (data collection)

Rewards for Health Center:

- Expand service area and coverage
- Reduce ER visits
- Data sharing and care coordination
- High volume of clients served have Medicaid and other insurance

Partners

	Type of Organization/Role in Program
Pathways to Housing, DC	Behavioral Healthcare, Housing
Unity Health Care	Primary Care Federally Qualified Health Center subcontractor: contracted family nurse practitioner and Medical Assistance data sharing.
Martha's Table	Non-profit Nutrition Program/ provide onsite farmer's market at sliding scale

Contacts

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