Project Renewal's Parole Support and Treatment Program
A Parole and Mental Health Collaboration

Services:
PSTP staff work in close partnership with the Dedicated Parole Officers of Metro I to ensure that program participants make the transition to the community in a law abiding manner. The team provides services to clients in their scattered-site apartments in Manhattan and the Bronx, including:

- Individualized service planning
- A “team” approach to treatment
- Daily contact by visit or phone
- Psychiatric care
- Medication monitoring
- 24 hour emergency response
- Assistance with securing and maintaining benefits
- Skills training in travel, cooking, maintaining an apartment, shopping, and budgeting
- Group and structured leisure activities

The Team also utilizes services from Project Renewal’s continuum of care including:

- Primary health clinics
- Dental clinic
- Safe haven/respite beds
- Substance abuse crisis beds
- Outpatient substance abuse services
- Vocational & educational services
- Transitional & permanent housing

Project Renewal
The Parole Support and Treatment Program (PSTP) serves 50 mentally ill, chemically abusing men and women released from state prison with a minimum parole of a year. PSTP reconnects clients to the community through the provision of scattered-site transitional housing and wrap-around support, mental health, health and employment services. PSTP is a collaboration among the State Division of Parole, the Office of Mental Health and Project Renewal. Since July 2002 PSTP has served 98 clients.

Tenant Profile:
PSTP has a “no decline” policy and serves anyone who meets the program criteria, regardless of criminal background. 69% of participants are referred directly from prison and 31% from dedicated parole officers. In addition:

- 55% have been diagnosed with psychotic disorders
- 100% have substance abuse disorders, but only 10% report having contact with a formal treatment program prior to program involvement.
- 53% have significant medical problems including HIV/AIDS and diabetes.
- 85% are male and predominantly African American; average age is 40 years old.

Goals and Outcomes:
For Current Caseload of 50:
- In substance treatment: 90%
- Getting healthcare: 88%
- Getting mental health treatment: 100%
- Enrolled in vocational/educational programs: 28%

For All 98 Clients Served to Date:
- Completed program: 24%
- Sober for six months or more: 41%
- Reconnected to family: 88%
- Approved for supportive housing: 15%
- Violated parole: 27% (99% for technical violations)
- Psychiatrically hospitalized: 15% (less than half the rate for control group)
Additional Project Details

Financing:
The total annual operating and services cost for Project Renewal is $995,600. The project is funded through a combination of Office of Mental Health "Supported Housing" dollars and federal "Byrne Grant" dollars via New York State Division of Parole.

About Project Renewal
Project Renewal is the only organization in New York City that provides homeless people with everything they need to move from the streets to health, homes and jobs -- including outreach, healthcare, treatment for addiction and mental illness, employment and housing. Created in 1967 to help homeless Bowery alcoholics, Project Renewal now runs more than 40 programs with a staff of more than 500, 35% of whom are former clients.

About CSH
The Corporation for Supportive Housing (CSH) is a national, nonprofit organization that helps communities create permanent housing with services to prevent and end homelessness. CSH advances its mission by providing high-quality advice and development expertise, by making loans and grants to supportive housing sponsors, by strengthening the supportive housing industry, and by reforming public policy to make it easier to create and operate supportive housing. CSH delivers its core services primarily through eight geographic hubs: California, Illinois, Michigan, Ohio, Minnesota, New Jersey, New York, and Southern New England (Connecticut, Rhode Island). CSH also operates targeted initiatives in Kentucky, Maine, Oregon, and Washington, and provides limited assistance to many other communities.